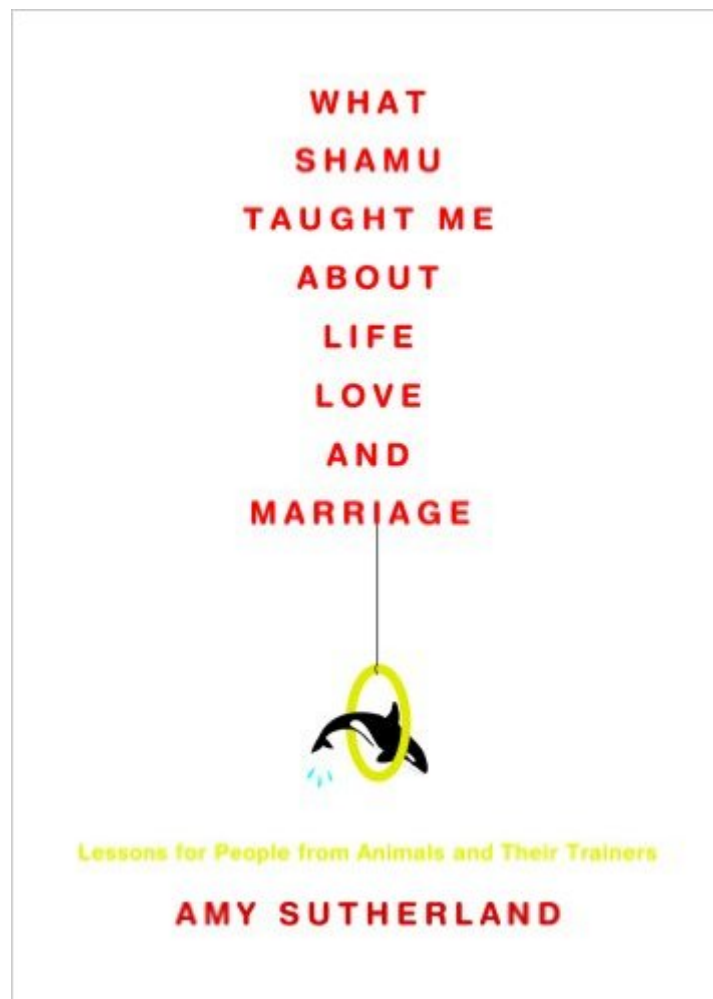


The book was found

What Shamu Taught Me About Life, Love, And Marriage: Lessons For People From Animals And Their Trainers



Synopsis

We can change--and train--people for the better, and every human interaction is training. This book is based on Amy Sutherland's number-one most viewed and often e-mailed article of the New York Times online in 2006, about applying the principles of exotic animal training to her marriage. The book will extend those lessons to other everyday relationship challenges, from your boyfriend's chronic lateness to your boss's micromanaging to the driver who likes to tailgate. Funny, charming and informative, this book puts a new spin on solving relationship problems.

Book Information

Audio CD

Publisher: Blackstone Audio, Inc.; Unabridged edition (February 28, 2008)

Language: English

ISBN-10: 1433212021

ISBN-13: 978-1433212024

Product Dimensions: 6.3 x 0.7 x 5.7 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars Â Â See all reviews Â (118 customer reviews)

Best Sellers Rank: #893,989 in Books (See Top 100 in Books) #87 in Â Books > Books on CD > Parenting & Families > Interpersonal Relations #460 in Â Books > Books on CD > Health, Mind & Body > General #1011 in Â Books > Books on CD > Health, Mind & Body > Personal Growth

Customer Reviews

As the jacket advertises, this book was inspired by an incredibly popular article the author wrote for the New York Times last year. I happened to read the article myself, and enjoyed it quite a bit. I was very interested to see what other insights the author had regarding our own human behavior. Unfortunately, like many books inspired by articles, there's not much here beyond what Sutherland originally wrote. I sympathize to some degree with the author, because there was probably a lot of pressure to capitalize on her 15 minutes of fame. However, if you want to save some money, just pop on over to the New York Times online archives and read the original piece. You'll get just as much from that (for free) as from reading this book. In a nutshell, Sutherland worked as a journalist with an elite school for animal trainers in California, which inspired another book "Kicked, Bitten, and Scratched." I hate to say that I can't recommend that book either. In any case, she discovered that some of the techniques used to guide animal behavior can be used on people. This provided the basis for her highly entertaining NYTimes article, in which she described how she improved her

relationship with her husband. When he engaged in an "undesirable behavior", such as getting angry about lost keys, she stayed out of it ("starve the behavior"). Instead of nagging him to pick up after himself, she started thanking him for the rare times when he did it unprompted ("catch the animal doing something good"). These are good ideas, but as Sutherland herself acknowledges, they are primarily lifted from Kathleen Pryor, a brilliant animal trainer and an accomplished author herself.

[Download to continue reading...](#)

What Shamu Taught Me about Life, Love, and Marriage: Lessons for People from Animals and Their Trainers Marriage: Save Your Marriage- The Secret to Intimacy and Communication Skills (marriage, relationships, save your marriage, divorce, love, communication, intimacy) Marriage: How to Rescue, Revive and Rebuild Trust in Your Marriage (Marriage Counseling, Marriage Help, Intimacy Advice) Raising Men: Lessons Navy SEALs Learned from Their Training and Taught to Their Sons Marriage Counseling: Marriage Tips Guide to Helping Deal with Marriage Problems Ten Lessons to Transform Your Marriage: America's Love Lab Experts Share Their Strategies for Strengthening Your Relationship What the Animals Taught Me: Stories of Love and Healing from a Farm Animal Sanctuary Marriage, a History: How Love Conquered Marriage The Doctors Book of Home Remedies for Dogs and Cats: Over 1,000 Solutions to Your Pet's Problems from Top Vets, Trainers, Breeders and Other Animal Experts History of Horse Racing: First Past The Post: Champion Thoroughbreds, Owners, Trainers and Jockeys, Illustrated with 220 Drawings, Paintings and Photographs The Skilled Facilitator: A Comprehensive Resource for Consultants, Facilitators, Managers, Trainers, and Coaches Stress-Management and Relaxation Activities for Trainers Stay: Lessons My Dogs Taught Me about Life, Loss, and Grace Dealing With Difficult People: Get to Know the Different Types of Difficult People in the Workplace and Learn How to Deal With Them (How To Win People, How To Influence People) Masters of Sex: The Life and Times of William Masters and Virginia Johnson, the Couple Who Taught America How to Love Kindred Beings: What Seventy-Three Chimpanzees Taught Me About Life, Love, and Connection Cat Daddy: What the World's Most Incurable Cat Taught Me About Life, Love, and Coming Clean Aloha: Love, Suite Love/Fixed by Love/Game of Love/It All Adds Up to Love (Inspirational Romance Collection) Love's Unending Legacy/Love's Unfolding Dream/Love Takes Wing/Love Finds a Home (Love Comes Softly Series 5-8) Marriage On The Rock: God's Design For Your Dream Marriage

[Dmca](#)